



NURSING DISCHARGE QUICK REFERENCE

This handout is intended to help remind NICU nurses of all the discharge tasks. This is not intended to be included in medical record.

Before the day of discharge, make sure all of the following has been done:

- Ensure that Interpreter Services have been booked for non-English speaking families
- Recent State Screen (check with team to determine if a more recent one is needed)
- Hearing Screen
- Hep B Vaccine (and any other vaccines needed, i.e. Synagis)
- VNA referral form filled out
- EIP referral called in
- Any other referrals needed (Infant Follow-Up Clinic, Neonatal Neurology etc.)
- Pediatrician appointment made
- All other appointments made, or information needed to make them (i.e. names, phone numbers, when appointment needed, etc.) documented in the D/C instructions
- All discharge teaching on the D/C checklist is completed
- Car Seat or Car Bed screen, if needed
- Discharge weight, length and HC
- Pack a bag of infant's belongings and any supplies from the bedside including Red Sox Bag
- Ensure parents have all of the necessary supplies at home- bottles, formula, meds, safe sleep environment, medical equipment and vendor information
- WIC Forms filled out and given to parents
- Excess breastmilk taken home

On the day of discharge make sure all the following are done:

- Round with the team to confirm discharge (encourage the families to attend rounds as well)
- D/C order is in POE
- VNA form is signed, printed out and given to UC
- The parents review the discharge summary DRAFT, make any corrections and return the DRAFT to the nurse
- All discharge teaching is reviewed with the parents and all questions are answered
- All discharge teaching is documented in MetaVision
- The parents and the nurse identify the infant and sign the Neonatal Nursing Assessment/Newborn Identification sheet
- The car seat screening and all car seat information are reviewed with the parents and all questions answered
- The parents and the nurse sign the car seat/bed form
- The parents and the nurse fill out the D/C Readiness Questionnaires (purple sheets)
- 3 Copies of the D/C instructions are printed. The parents and the nurse sign 2 copies:
 - 1 signed copy for parents
 - 1 signed copy for medical record
 - 1 unsigned copy for the follow-up phone call
- The parents secure the infant in the car seat/bed

When the family leaves the NICU, make sure they take the following with them:

- The D/C folder with all handouts included
- 2 copies of the SIGNED D/C summary (the UC will provide this)
- The immunization sheet
- All remaining breast milk
- All personal belongings
- And the baby (or babies)