

NICU Course Timeline (infants born before 34 weeks) If your infant was born before 32 weeks, s/he will undergo a repeat physical/occupational therapy evaluation in the next 1-2 weeks At this stage your baby continues to This is around the earliest age when we would feed, grow and expect your child to: If your baby was born before 32 develop weeks s/he will: learn to bottle feed (and/or continue to breast This may also be the feed) have a screening head ultrasound time that your baby in the first 7-10 days of life stop having apnea spells may start to breast 1st screening feed undergo a developmental care eye exam move to a crib CONGRATULATIONS evaluation by the (about 4-6 Car Seat Screen Eligible for LTL AND ENJOY YOUR begin "Back-to-Sleep" physical/occupational therapist weeks after Learners BABY! Hearing Screen birth) baby eligible for Cuddling Program WELCOME TO CCHD Screen THE NICU! 1-4 days after birth 1-2 weeks after At 30-32 weeks At 32-34 weeks At 34weeks Day of discharge At Admission 1-2 week prior to 1-2 days prior to discharge birth discharge Continue working Start to get your home ready for the baby Ask about: with the Lactation Review discharge Ask your nurse Family Meeting Consultant on Make follow-up appointments Make your pediatrician welcome packet instructions about feeding your milk supply appointment CPR class Meet Social Work handout parent ID badges Review discharge Attend either: Make sure your home is Feeding discharge planning Meet Lactation summary parking stickers ready (i.e. breast pump, Consultant Discharge planning Bring in home feeding supplies formula, diapers, etc.) Obtain written family resource room meeting Meet with Case feeding plan Meet lactation consultant Transition to all feeding by mouth NICU visiting policies Management (help -orfor discharge planning Bring your remaining for family and friends with insurance) If applicable: Getting Ready to belongings home Bring your belongings last name last 4 Bring Your Baby bring in car seat for testing home

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MY NICU app

This timeline is intended to be a very rough guide of some of the events that may happen through out your stay in the NICU. It is not an all inclusive list and not all items may apply to your infant. The NICU team that is taking care of your baby is always available for any questions, concerns, and/or clarifications.

ask about circumcision

get your prescriptions

Home Class

Revised: 10/4/2017

Sign discharge

paperwork