

BC Mental Health & Addiction Services

An Agency of the Ministry of Health Services Authority

REPRODUCTIVE MENTAL HEALTH PROGRAM REFERRAL INFORMATION

Program Focus

Our program consists of psychiatrists, nurse clinicians, psychologists and other professionals serving women with psychiatric disorders specially related to their reproductive cycle:

- ✓ Pregnancy
- ✓ Postpartum - up to one year after delivery
- ✓ Pregnancy loss or prenatal loss
- ✓ Infertility
- ✓ Perimenopause/Menopause - one time consultations only. Only patients 55 years or younger will be accepted.
- ✓ Pre-Pregnancy/ Medication Assessments
- ✓ PMS - psychiatrists will explore treatment options once patients have completed a 4 hour education session, with a maximum of 6 visits for follow-up. The program does not accept urgent referrals for PMS. We will call the patient directly with appointments.

How to Make Referrals

- ✓ Please complete our 2 page referral form. Referrals will only be processed if both pages 1 and 2 of the referral form are complete.
- ✓ Referrals are assessed and prioritized. Our waiting list may be up to 8 weeks at busy times.
- ✓ We will contact the patient directly with an appointment date and time, and will fax you with a confirmation.
- ✓ If you are unsure whether your patient fits our criteria or if the referral is urgent, please contact our office at 604-875-2025 and state the nature of the urgency.
- ✓ **Please note: patients who fail to show for appointments two times OR cancel appointments within 24 hours two times will be discharged from the program. Readmission into the program will require a re-referral letter from the referral source.**

Resources

<http://www.bc.womens.ca/Services/HealthServices/ReproductiveMentalHealth/default.ht>

If your patient is currently under the care of a mental health provider, our doctors are available for a second opinion by telephone or through consultation.

We have limited access to counseling facilities and cannot offer long term treatment to patients.

Please note that we are a teaching facility and that patients must be informed that there may be a resident of medical student present during the assessment.