

## Expectations of Women and Families on BC Women's Fir Square

**Fir Square is a safe place for you and your baby and everyone is treated with respect.**

- Language and behavior must be free of aggression, threats or harm.
- Fir Square is a substances free environment which is strictly enforced.
- Objects of harm are not allowed in the hospital by anyone at anytime.
- Hospital discharge can take place if any of the above safety measures are not followed.

**Your room is your own personal space.**

- This space is for you, your baby, visitors and staff.
- Visiting with other patients is done in the common areas only.
- To keep your belongings safe close your door when you leave and lock your valuables in the closet.
- Your room needs to be free of clutter at all times.

**Keep your baby safe by:**

- Putting him/her on their back to sleep in the cot free of any objects.
- Do not sleep with your baby in your bed or in a chair at any time or your baby will be placed in the nursery.
- When walking in the halls, keep your baby in the cot.
- Only allow your family/visitors and staff to hold your baby.
- Patients are not to hold each other's babies.

**Common community living areas must be kept clean and clutter free.**

- Remove all your items from the patios and lounge when you leave the area.
- Please do not touch other people's laundry.
- Limit your use of the computer.
- Take only what you need daily — food, towels and other supplies.

**Helpful Reminders**

- Ask any of the Fir Square team members if you have any questions or concerns with anything or anybody (nurses, physicians, unit social worker, infant development person, and drug and alcohol counselor).
- All women are asked to be involved with their health care decisions and plans.
- Passes are not given for the first 72 hours upon admission to Fir Square and partner visitation is restricted during this time.
- If you do not return from a pass your room can be given up. Your personal belongings must be picked up within 48 hours or they will be discarded.

**Important times to note**

- Common areas (lounge and smoking patio) are open from 6am-10pm.
- Laundry times are from 9am to 9pm.
- **Fir Square doors are closed for shift change between 7am-8am & 7pm-8pm.**
- **Fir Square doors are closed including, women, visitors, and partners between 10pm-6am.**
- **All women on Fir Square NEED to attend the mandatory groups.**

**To be reviewed by the nurse with the woman on admission to Fir Square.**

Nurse's Signature: \_\_\_\_\_

Date: \_\_\_\_\_