

## Safety Guidelines for Woman Caring for Their Infants on Fir Square

The following are for discussion, assessment, intervention and documentation;

- The woman and her partner have received infant safety information
- Aware of NOT sleeping with their baby without assistance
- Able to care and feed their baby without assistance
- Alerted to how and when to access help in the day or night
- The woman is able to awake fully to care for her baby at night without assistance
- Night time sedation routine assessed and discussed with the woman
- Documentation and/or observation of drowsiness and/ or sleep concerns
- Sedation Scale utilized and documented as per assessment;

1 = Fully awake and oriented

2 = Drowsy

3 = Eyes closed but rousable to command

4 = Eyes closed but rousable to mild physical stimulation

5 = Eyes closed but unrousable to mild physical stimulation

❖ For scores of 5 or more: please call attending physician