

Would you like to become pregnant in the next year?® Are you taking any of these **prescription medicines?**

- Methadone
- Oxycodone
- Darvon
- Subutex
- Tramadol
- OxyContin
- Fentanyl
- Suboxone
- Morphine
- Percocet
- Codeine
- Demerol
- Hydrocodone
- Vicodin

These are prescription painkillers that contain **opioids**. Your health care provider may prescribe them to you for pain. Opioids can cause problems for a growing baby in the early weeks of pregnancy, even before you know you're pregnant.

If you take opioids during pregnancy, your baby can go through withdrawal after birth. This is called **neonatal abstinence syndrome** or **NAS**.

Even if you take an opioid exactly as prescribed, it still may cause NAS in your baby.



If you're pregnant, don't start or stop taking any opioid until you talk to your health care provider. Starting or stopping certain medicines can be harmful to you and your baby.

If you're not pregnant yet and taking opioids, take birth control. Talk to your provider about taking a safer medicine.